

Sample Full Day Kindergarten Schedule

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Time	Activity	Minutes
7:00 – 7:30	Arrival/Free Choice Centers/Breakfast	30 Minutes
7:30 – 7:50	Morning Routine/Do-Now	20 Minutes
7:50 – 8:00	Morning Exercise	10 Minutes
8:00 – 9:30	90 Minute Literacy Block	
8:00 – 8:25	Whole Group 1	25 Minutes
8:25 – 9:30	Small Groups and Learning Centers	65 Minutes
9:30 – 10:15	Extension Class/Teacher Planning (music, library, computer, art, physical education)	45 Minutes
10:15 – 10:40	Whole Group 2	25 Minutes
10:40 – 11:05	Lunch	25 Minutes
11:05 – 12:25	Small Group/Learning Centers (Interventions as Needed)	80 Minutes
12:25 – 1:00	*Recess/P.E./Health	35 Minutes
1:00 – 1:30	Whole Group 3/Quiet Time	30 Minutes
1:30-2:00	Small Groups/Learning Centers (Interventions as Needed)	30 Minutes
2:00 – 2:20	Health Lesson/Snack	20 Minutes
2:20 – 2:35	Closure/Review of the Day	15 Minutes
2:35 – 2:45	Dismissal	10 Minutes
2:45 – 3:30	Teacher Planning	45 Minutes

Required Minutes		Sample Schedule/Required Minutes	
Instructional Time	330 Minimum	Instructional Time	455 minutes
Center Time	120 Minimum	Center Time	205 minutes
Quiet Time	(Recommended Only)	Quiet Time	30 minutes
Physical Activity	30 Minimum – 60 Maximum	Physical Activity	45 minutes
		*Due to physical education extension class, physical activity may be more than 30 minutes on certain days.	
Health	45 Minimum (per week)	Health	20 minutes (per day)