## EARLY LEARNING GUIDELINES FOR CLASSROOMS SERVING THREE- AND FOUR-YEAR-OLD CHILDREN SAMPLE FULL DAY PRE-KINDERGARTEN SCHEDULE

Time	Activity	Minutes	Instructional?
7:00-7:30 AM	ARRIVAL/FREE CHOICE CENTERS	30	YES
7:30-7:50	BREAKFAST*/STORY TIME	20	YES
7:50-8:05	MORNING MEETING AND CALENDAR/ROUTINE	15	YES
8:05-8:15	MORNING EXERCISE (MOVE TO LEARN)	10	YES
8:15-8:50	EXTENSION CLASS/TEACHER PLANNING (MUSIC, LIBRARY, PHYSICAL EDUCATION,COMPUTER, ART)	35	YES
8:50-9:10	WHOLE GROUP /CIRCLE TIME	20	YES
9:10-10:30	SMALL GROUP / FREE CHOICE CENTERS	80	YES
10:30-10:50	LUNCH*	20	YES
10:50-11:10	WHOLE GROUP / CIRCLE TIME	20	YES

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Time	Activity	Minutes	Instructional?
11:10-12:10	SMALL GROUP / FREE CHOICE CENTERS	60	YES
12:10-12:50	PHYSICAL ACTIVITY	40	YES
1:05-1:50	QUIET TIME	45	YES
1:50-2:10	SPEAKING LISTENING MINI LESSON / SNACK*	20	YES
2:10-2:30	CLOSURE / REVIEW OF THE DAY	20	YES
2:30-2:45	DISMISSAL	15	NO
2:45-3:30	TEACHER PLANNING	45	NO

Required Minutes	Sample Schedule Required Minutes
INSTRUCTIONAL 360 MINIMUM	INSTRUCTIONAL 435
CENTER TIME 120 MINIMUM	CENTER TIME 170
QUIET TIME 30 MIMIMUM-60 MAXIMUM	QUIET TIME 45
PHYSICAL ACTIVITY 40 MINIMUM-60 MAXIMUM	PHYSICAL ACTIVITY 50

\*Meal times for this age group should be a learning time. Promotion of different skills can be learned during meal time such as taking turns, prereading and pre-math skills, problem solving skills, fine motor skills, etc. Teachers should discuss concepts with children that support social and emotional, physical development, speaking and listening, approaches to learning and science standards.